

## 95% RECYCLING REACHED AT OAK HILL AND MEMORIAL HALL

The Green Team announces that 95% of our residents are now recycling with the help of the Green Team pick-ups at the residents' doors.

Thank you to all the residents and care givers who are making a positive step in saving the environment.

## A NEW FEATURE – Q&A

Q. How do we recycle thin plastic bags?

A. Plastic bags from markets and items such as bread, bubble wrap, covering on multiple items can be recycled at your local supermarket.

Q. Where do I recycle Styrofoam?

A. Bunny Flaherty is collecting Styrofoam in a bag in the Common Room kitchen. She is saving the Styrofoam for a local collection.

Have a question? Ask a Green Team member and we may post it in the next newsletter.

## BEYOND THE FLOOD



Movie times for this Leonardo DiCaprio documentary:

Saturday, December 7, 6:30

Tuesday, December 10, After the Cooking Demonstration which starts at 1:30; Movie time approximately 2:30.

## CAN I RECYCLE THIS?

### Bottle caps

Trash

Put this item in your trash bin.

Instructions

Loose bottle caps should go in the trash. They are small and tend to fall through the equipment at recycling processing facilities. If you can, place plastic caps back on the original bottle and include them in your recycling. Metal caps should go in the trash.

**RECYCLING IS MANDATORY AT OAK HILL & MEMORIAL HALL**



## INTERESTING FACTS AND STATISTICS

1. The average person generates over 4 pounds of trash every day and about 1.5 tons of solid waste per year.
2. Recycling one aluminum can saves enough energy to listen to a full album on an iPod. Recycling 100 cans could light your bedroom for two whole weeks.
3. The Container Recycling Institute (CRI) estimates that the 36 billion aluminum cans landfilled last year had a scrap value of more than \$600 million.
4. Americans throw away about 28 billion bottles and jars every year.
5. A glass container can go from a recycling bin to a store shelf in as few as 30 days.

## GOATS TAKE FAMILIES FROM SURVIVAL TO SUCCESS

Goats uniquely support a family's health and help lift them out of poverty by providing nourishing, protein-rich dairy to satisfy hungry children. With multiple goats to breed, baby goats can be sold to help pay for essentials like school and medicine.

Bunny Flaherty has accepted donations this holiday season to purchase one goat and two chickens through the Save the Children organization. Thank you to all who contributed for your outstanding generosity.

## GREEN TEAM MEMBERS SHARE THOUGHTS

**FROM BOBBI GALLAGHER:** I would like to say thank you to all that are participating in the recycle program. I think it is great and I am proud of all of you. Who says you can't teach an old dog new tricks? It is confusing at times what we can and cannot recycle but we all have to work on that. I know that since I have been doing this I am becoming more aware of my wasteful habits and I am trying to improve. Keep up the good work.

**FROM JUDY THURSTON:** I am sure that many of us remember with nostalgia the glass milk bottles of our youth and the kind delivery man who set them on our doorstep. This service, though rare, has not entirely disappeared in the U.S. Locally, Appleton Farms has offered Jersey cow milk in glass bottles at their farm store. Sadly, this practice was recently discontinued as it was run at a significant loss by the trustees. On a brighter note, another dairy farm in Western Massachusetts, established in 1904, called Mapleline Farm, will be making a once-weekly delivery to Appleton Farms consisting of Jersey milk in glass, returnable bottles.

Please remember when recycling plastic or paper-based, waxed milk containers to rinse thoroughly and flatten out to conserve space in our recycling bins.